possessing your healing

Taking Authority Over Sickness in Your Life

Kynan Bridges
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Kynan T. Bridges
Dedication

I want to dedicate this book to the Lord Jesus Christ, the King of kings and Lord of lords. I also want to dedicate it to Gloria Bridges—my lovely and virtuous wife, the mother of my three beautiful children (Ella, Naomi, and Isaac), and my number-one supporter in life and ministry. To my church family who has been instrumental in praying for and supporting this project—God bless you!
Endorsements

If you are someone who has never considered that miraculous healing exists today, than reading this book may open your eyes to the reality of the supernatural.

Heidi Baker, PhD
Founding Director, Iris Global

In this dynamic book, Possessing Your Healing, the reader will discover the richness of the promises of God concerning healing, and the reality that healing is the “children’s bread.” Pastor Kynan has masterfully driven home the point that walking in divine health is a covenant right, and benefit of privilege to all believers mutually, and how walking in simple faith will cause the healing power of God to be made manifest in a life that is loaded with expectation.

Dr. Mark T. Jones Sr.
Manifestations Worldwide Inc.
God is still working miracles and healing the sick in this hour. Kynan Bridges has taken the time to invite you to embrace all that Christ’s Finished Work has provided for you. His Word is a healing Word and His Presence indeed is Healing Presence. Embrace the truths enclosed in this volume and let God touch you in a significant way.

Dr. Mark J. Chironna
Church on the Living Edge
Mark Chironna Ministries

Pastor Kynan Bridges’ book, Possessing Your Healing, shows that he has great insight into what the Believer must do to increase their level of faith for healing, and how to release their faith and possess their healing. I highly recommend that Christians make the small investment to purchase this book, read it, meditate on its principles and scriptures, and then reap the great dividends that it will produce in your life.

Dr. Douglas J. Wingate
President and Founder
Life Christian University
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Preface

In more than fifteen years of being a believer, I have never been more convinced than I am now about the subject of divine healing. As soon as I received revelation of what God’s Word had to say about the subject, my life was changed forever.

I realize that many people in the Body of Christ are living below what they have been given in Christ. I cannot imagine a world in which God only blessed us sometimes, or woke us up only on some mornings, or gave us only a portion of His blood. As ridiculous as these examples might sound, they are exactly what people assert when they say “God might heal.”

The purpose of this book is to illuminate the minds of born-again believers and empower them to confidently appropriate every spiritual blessing they have been given in Christ.

This book will also provide a biblical foundation for divine healing that will strengthen your knowledge of what the Bible has to say about healing.
Lastly, this book will help increase your faith. Our ability to receive anything from God is contingent upon faith in His Word. As you read, my prayer is that the Holy Spirit will speak to your spirit and enable you to hear what the Word of God is saying to you today.

God bless!
In Genesis 1:26, God said the following:

*Let us make man in our image, after our likeness: and let them have dominion over the fish of the sea, and over the fowl of the air, and over the cattle, and over all the earth, and over every creeping thing that creepeth upon the earth.*

The word translated “man” in this passage is the Hebrew masculine noun *adam* (Strong, H119). Typically, this noun refers to humanity as a whole. In other words, God’s original intent for His creation was for humankind to subdue the earth.

God wanted an earth populated with the men and women He created. The Hebrew words for “image” and “likeness” are the words *tselem* (Strong, H6754) and *demuwth* (Strong, H1823), which mean “resemblance” and “similitude,” respectively. God wanted the men and women He created to not only take dominion over the earth, but also to look, function, and act like Him in every way.
This was God's original design: a perfect race of men and women who looked and acted exactly like God.

In Genesis 2:5, we are told that there was no one to till the ground. This is very interesting because, in Genesis 1:26, God said, “Let us make man....” Yet in Genesis 2:5, man was not yet formed. However, if you continue on to Genesis 2:7, you will see that God “formed man of the dust...and breathed into his nostrils...” so that man became a “living soul.”

This is an amazing truth because it gives us great insight into the mind of God.

In Genesis 1:26, God made or created man, but in Genesis 2:7, God gave him form. The word translated “form” in Hebrew is the word *yatsar*, which means “to frame... pre-ordain,” to give “divine activity” (Strong, H3335) and purpose.

In Genesis chapter 1 God created man as a spiritual being first. Then in Genesis chapter 2 He framed him and gave him purpose and divine activity. This is why humanity is in the state it is in; humans are spiritual beings, but when they lack divine activity and divine purpose, they cannot operate in the things of God.

Understanding divine purpose helps us see what God intended for us to have from the very beginning of creation. He wanted us to be perfect, to lack nothing, and to take dominion. Adam was never sick. He was never impoverished. There was not a time when he tried to speak to God and didn’t get a response. He was in perfect communion and fellowship with God. He was in divine health.
Unfortunately, due to sin, this perfect relationship did not last. In Genesis chapter 3, Adam and Eve disobeyed God and ate of the tree of the knowledge of good and evil. This sin perverted humankind’s relationship with a holy God, and ushered in a curse. Due to our tripartite nature, the curse of sin and disobedience affected every area of human existence: spirit, soul, and body.

God warned Adam that the day he ate of the tree of the knowledge of good and evil he would surely die (see Gen. 2:17). That is exactly what happened—in all three of the areas we are about to discuss.

**Spiritual Death**

The most consequential aspect of this death was spiritual: humankind was separated from eternal fellowship with its Creator. The separation severed our access to eternal life with God and to spiritual authority in the earth. By virtue of Adam’s transgression, humanity relinquished its God-given right to rule the earth. It instead transferred this right to Satan.

**Death of Mind, Will, and Emotions**

This is the death of the soul. When Adam sinned, he ushered in the sin consciousness. He hid from the presence of God due to the guilt of his transgression. For the first time in their existence, Adam and Eve became acquainted with fear.
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Human decisions were affected by this sin. It caused us to have a natural inclination to rebel and walk in the carnal nature.

**Physical Death**

Through sin, Adam (and all humans) lost the physical capacity to live forever. Having been put out of the Garden of Eden, he became subject to the natural elements, which he had not previously been subject to. This meant that he could become sick or poor; he could suffer lack; and his organs would eventually fail, causing death.

God’s original design included an eternal life of perfect righteousness and fellowship with Him, divine health, and spiritual and physical prosperity. God originally intended for the humans He created to possess both His attributes and His authority, which was to be exercised on the earth.

Sin is the force that separates man from God’s original design. Jesus Christ came to destroy the works of Satan and bring man back to a place of eternal fellowship with God—in other words, to restore man back to perfection. As a matter of fact, born-again believers are made perfect in Christ: “And ye are complete in Him, which is the head of all principality and power...” (Col. 2:10).

Christ stands exalted forever at the right hand of the Father. This means that because we are in Christ, we stand perfectly complete and restored before the Father in heavenly places.
God’s Original Design

Christ redeemed us from Adam’s curse when He died on the cross for our sins and took the penalty of death on our behalf. God’s original design was fully restored to us; therefore, it is important to understand God’s original design. Without understanding it, we cannot fully grasp what salvation was intended to produce in the life of a born-again believer.

In many sectors of Christianity, Jesus Christ is presented as a religious relic, an object of worship; but the biblical truth is that Christ is a living Redeemer who paid a tremendous price for our salvation. This salvation has profound implications for every New Covenant believer. The salvation that Christ accomplished not only impacts the total man, but it has afforded us eternal access to God’s original design.

Divine healing is a huge part of this redemptive package. The more we understand God’s original plan for us, the more conscious we are of what Christ accomplished on the cross—and the better positioned we are to place a demand on what He accomplished, especially healing.

POWER IN PRAYER

Father, thank You for the life You have prepared for me and for all Your children. I draw on Your Spirit and Your grace so that I might perceive my life, and the purpose of my life, through Your eyes. I set my heart in agreement with Your Word, so that I will enter into the fullness of Your redemptive plan. In Jesus’ name. Amen.
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ENDNOTE

1. All Strong’s numbers marked with an “H” are from the “Hebrew and Aramaic Dictionary.” Numbers marked with a “G” are from the “Greek Dictionary.” See Bibliography for full publication details.
What Is Divine Healing?

In these pages, you will learn how to possess your healing—but before you learn that, you must understand what exactly divine healing is.

Simply put, divine healing is enjoyed when you and I apply the covenant promise of the Word of God to our physical bodies. When we became born again, we came under the authority and control of Jesus Christ. Our bodies became the temple of the Holy Spirit. God literally purchased us back from Satan. This purchase included every aspect of our being, including our physical bodies.

In First Corinthians 6:20, the Word tells us: “For ye are bought with a price: therefore glorify God in your body, and in your spirit, which are God’s.” Through the blood of Jesus Christ, God purchased the legal right to own our bodies. We belong to Him in every way.
God’s Presence in the “Temple”

When God comes to inhabit the temple called the body, He brings the fullness of His presence into our physical being, through the human spirit. This means that the Spirit that raised Jesus from the dead is the same Spirit that dwells within us. When the Spirit comes in, He quickens every cell in our bodies and brings our bodies under submission to the Lordship of Jesus Christ.

Because of the indwelling of God’s Spirit within us, sickness has no place in us. Therefore, you and I no longer have the right to be sick! Our bodies don’t belong to us anymore. We understand what the Bible says concerning our bodies being the temple of the Holy Spirit; we also know about the necessity to flee sexual sin. Yet many people don’t realize that sickness and disease don’t belong in the temple of the Holy Spirit, either.

Notice what the Bible says in First Corinthians 6:19:

What? know ye not that your body is the temple of the Holy Ghost which is in you, which ye have of God, and ye are not your own?

The word translated “temple” is the Greek word naos, which means “…sacred edifice (or sanctuary)…” (Strong, G3485). The idea is that our bodies are the most sacred place there is as it relates to the habitation of the Spirit of God.

In the Old Testament, God dwelt only in the Holy of Holies, which was housed within the inner court of the Tabernacle. In the New Testament, He makes our spirit and physical body His sacred place.
What Is Divine Healing?

This helps us to understand what divine healing is all about. The word *heal* means to cure or “to make sound or whole.” Divine healing is the manifestation of this wholeness in our bodies. When we refer to the body, we include the mind as well. In the Gospel of Mark chapter 5, we see that Jesus healed a man possessed with several demons. After this encounter the Scripture records in verse 15 that he was “clothed, and in his right mind….”

It is wonderful to know that the healing power of Christ extends to every facet of our beings, even our minds. One of the reasons we include the mind is that sickness is not limited to the physical body. Sometimes people are afflicted in their minds, as in the case of the Gaderene demoniac.

Mental illness is common in the United States. I personally know many people who have had to battle depression, schizophrenia, bipolar disorder, and suicidal thoughts. And I personally know what it means to be restored spiritually, physically, and mentally. Unfortunately, the devil does not discriminate in the areas of his attack. Therefore, we assert that divine healing is the supernatural curing and restoration of the total person.

Even greater news: divine healing includes not only mental illness, but all human emotions. The Bible says:

*To appoint unto them that mourn in Zion, to give into them beauty for ashes, the oil of joy for mourning, the garment of praise for the spirit of heaviness; that they may be called trees of righteousness, the planting of the LORD, that he might be glorified* (Isaiah 61:3).
We will spend much time on the physical manifestation of healing, focusing on anything that occurs anywhere in the body. Divine healing covers all of it.

**A Divine Right**

Divine healing already belongs to born-again believers. It is our right! Think about what a right is: it denotes “a moral or legal entitlement to have or obtain something or to act in a certain way.” The implications of something being our rights are very great. When you know that you have a legal right to something, it changes the level of boldness by which you act on it.

If a person were to impose on you in a physical way against your will, it would be called assault or molestation, because your personal space legally belongs to you. In the same manner, when Satan afflicts you with sickness and disease, he is imposing on space that does not belong to him. He is breaking the law. You have a legal right to resist him.

Some Christians would suggest that healing is something God “might do” if He feels like it. The problem with that way of thinking is that it does not line up with the Word of God. Healing is the divine right of every born-again believer. It is something that Jesus Christ purchased for us on the cross of Calvary, as First Peter 2:24 explains:

> Who his own self bare our sins in his own body on the tree, that we, being dead to sins, should live unto righteousness: by whose stripes ye were healed.
What Is Divine Healing?

This is the authority on which a believer can receive and walk in divine healing.

THE “TOTAL” GOSPEL

Many people compartmentalize the Gospel. They treat the Bible like a buffet where they can pick and choose which blessings are relevant for today and which blessings are no longer appealing or convenient. If we do this, then we are telling God that His Word is not absolute. Ultimately, we are calling Him a liar.

Consider what Jesus said in the Gospel of Luke:

*The Spirit of the Lord is upon me, because he hath anointed me to preach the gospel to the poor; he hath sent me to heal the brokenhearted, to preach deliverance to the captives, and recovering of sight to the blind, to set at liberty them that are bruised, to preach the acceptable year of the Lord* (Luke 4:18-19).

This is one of the most powerful statements in the Bible, because it sets forth God’s sovereign plan for sending His Son to the earth. God’s intent was and is to restore His children in every area of their lives.

Christ did not come solely so we could be forgiven of our sins. Nor did He come solely so we could be physically restored. He came so that we could be completely redeemed in every area. Christ’s sacrifice has provided for us the legal grounds to walk in all of the promises and blessings of the Word of God, including healing.
The curse of Adam’s sin affected us physically. Therefore, it is appropriate that the eternal salvation Christ obtained for us also affects us physically. If our salvation can only affect our spiritual being, then it is incomplete. Complete salvation involves spirit, soul, and body.

A few years ago, my wife, Gloria, experienced an irregular heartbeat. It started while she was pregnant with our second daughter, Naomi. When it first began, she was taken to the emergency room at the community hospital where she went through a series of tests. After hours of observation and a series of EKG and MRI tests produced no results, she was sent home with no specific diagnosis and no solution. Her ob-gyn decided that the irregular heartbeat was associated with the pregnancy, and dismissed the issue.

However, after weeks of complaining, my wife was referred to a cardiologist. Additional tests still produced no results. After our daughter was born, the condition continued to plague my wife and prevented her from completing the simplest of tasks without feeling sick. This became more serious than we had imagined.

At the time, we believed in divine healing but we were not as aggressive about it as we are today. The condition continued for about a year and a half. Finally we began to take authority over the situation, and my wife and I prayed for the issue to stop. One day while we were attending church services, the minister gave a word of knowledge and said, “Someone is being healed of an irregular heartbeat right now!”
Gloria immediately released her faith and received her healing. She never had an irregular heartbeat again.

The point of the illustration is to demonstrate that it does not matter what the illness or sickness is. Christ defeated it on the cross and has given you and me the legal right to receive healing. When we are fully convinced that healing is our right and not a privilege, then we will take authority over any symptom or sickness.

Matthew 8:16-17 says:

*When the even was come, they brought unto him many that were possessed with devils: and he cast out the spirits with his word, and healed all that were sick: that it might be fulfilled which was spoken by Esaias the prophet, saying, Himself took our infirmities, and bare our sicknesses.*

If Christ bore our sicknesses, we no longer need to bear them. Many well-intentioned and not so well-intentioned pastors are teaching people that Christ wants them to be comfortable in their sicknesses. That is a lie from the depths of Hades!

Christ came to provide healing and divine health in the atonement. Divine healing is what takes place when a born-again believer appropriates the Word of God in his or her “temple” and receives a manifestation of that Word, to the extent that it changes the state of the person’s physical, mental, and emotional being.

When I was a young man growing up in Atlanta, Georgia, I remember going with my dad to dump scrap metal
and other refuse in the waste yard. It was summertime, and I can remember the smell of decomposing trash. It was pretty horrible.

I want you to imagine for a moment someone taking the trash from the waste compound and dumping it in your backyard. It would be a serious problem. Why? Because that is where you live. That place is precious to you. Your children play in the backyard.

Now imagine for a moment that someone did the same thing in God’s temple—literally taking trash and waste and spreading it across the altar. It’s unimaginable! Yet, this is exactly what Satan does when he tries to afflict believers with sickness and disease.

Be encouraged: we have been given authority over Satan’s attempts to “dump trash” in our bodies.

**POWER IN PRAYER**

*Father, in the name of Jesus Christ, I come to You now with confidence in Your Word. I thank You that I have a revelation of divine healing in my heart. I believe that healing is Your will for my life. I take authority over every lie of Satan that says You will not heal me. I take authority over a religious spirit that says healing is not for everyone. Healing is for me! I walk in the benefits of Calvary right now. In Jesus’ name. Amen.*
Bibliography


At the tender age of 15, Pastor Kynan committed his life to Jesus Christ and was subsequently filled with the Holy Spirit. After getting involved in his local church, God made His call manifest to Kynan audibly. For many years, Kynan served in the local church and was involved with various ministries. After running from the call of God; he was finally arrested by the Holy Spirit. Several years ago, the Lord told Kynan to begin a teaching ministry in Tampa, FL. At this point, the vision for Grace & Peace Global Fellowship was birthed.

*For if by one man’s offense death reigned by one; much more they which receive abundance of grace and of the gift of righteousness shall reign in life by one, Jesus Christ* (Romans 5:17).

This is the vision and mission of our ministry: to see the person, power, and presence of Jesus Christ manifested in the lives of people everywhere that they might reign in life. Through this ministry we desire to see millions of souls saved and restored through the Gospel of Jesus Christ. We accomplish this mission by proclaiming the unadulterated, life-changing, Word of God. Our outreach ministry
serves as the catalyst to spread this message. Every week we provide resources to people so that they might become more conscious of Christ’s love for them and enter into the fullness of His finished work and thereby be positioned to walk in their God ordained assignment, namely the Great Commissioned as outlined in Matthew 28:19.

Our weekly podcast (FaithTalk) serves as a platform to discuss various issues in the body of Christ and the world, and shed light on those issues through the illumination of God’s Word. We are committed to spreading the gospel through our preaching ministry, speaking engagements, teaching resources, and internet and media platforms.

To date, we have reached countless numbers of people with the gospel. Through the combined efforts of our weekly outreach ministry and new media resources we have exposed thousands to the Gospel of Grace every single week. Currently we are communicating God’s Word to people in North America, India, Haiti, and Nigeria. We are engaging in several outreach efforts, which have a global impact.

Pastor Kynan is committed to allowing the power and anointing of the Holy Spirit to flow through him and touch God’s people. He is a committed husband, mentor, and father to three beautiful children: Ella, Naomi, and Isaac.
For information on booking, requesting prayer, or supporting this ministry write to:

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IN THE RIGHT HANDS, THIS BOOK WILL CHANGE LIVES!

Most of the people who need this message will not be looking for this book. To change their lives, you need to put a copy of this book in their hands.

But others (seeds) fell into good ground, and brought forth fruit, some a hundred-fold, some sixty-fold, some thirty-fold (Matthew 13:8).

Our ministry is constantly seeking methods to find the good ground, the people who need this anointed message to change their lives. Will you help us reach these people?

Remember this—a farmer who plants only a few seeds will get a small crop. But the one who plants generously will get a generous crop (2 Corinthians 9:6).

EXTEND THIS MINISTRY BY SOWING 3 BOOKS, 5 BOOKS, 10 BOOKS, OR MORE TODAY, AND BECOME A LIFE CHANGER!

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